Tax-Efficient Investing

Creating a plan to help manage, defer, and reduce taxes
Taking control: 
Developing an ongoing tax strategy

As you save and invest for retirement, there are key disciplines that can help you achieve your long-term goals, including research, investment selection, monitoring, rebalancing, and tax management.

It is important to have a plan in place that addresses taxes — particularly if most of your assets are in taxable accounts. The fact is, taxes can have a significant impact on your investment returns at any stage of your investing life. Morningstar cites that, on average, over the 94-year period ending in 2020, investors gave up about two percentage points of their annual returns to taxes. We believe overlooking the potential impact of taxes is a common investor mistake.

At Fidelity, we can help you develop an ongoing strategy — a plan that seeks to manage, defer, and reduce taxes. This includes:

- Education on tax concepts
- Resources to help support tax-efficient investing
- Solutions that may help improve the tax efficiency of your portfolio

This brochure provides an overview of how taxes can affect your investments, and suggests considerations to help you create an efficient investing strategy.
Taxes: Types and historical rates

There are many types of taxes that can affect your investments, as shown in the table below. And because these taxes impact your portfolio in different ways, it’s important to understand what you pay in taxes now on your investments, and consider how taxes will impact your investments in the future.

<table>
<thead>
<tr>
<th>TAX TYPES</th>
<th>IMPACT†</th>
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<tbody>
<tr>
<td>Long-Term Capital Gains</td>
<td>• Up to 23.8%‡ (plus state and local taxes)</td>
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<tr>
<td>Qualified Dividends</td>
<td></td>
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<tr>
<td>Short-Term Capital Gains</td>
<td>• Ordinary income tax rates are potentially subject to the Medicare surtax—up to a total of 40.8%‡ (plus state and local taxes)</td>
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<tr>
<td>Interest and Non-Qualified Dividends</td>
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<tr>
<td>Alternative Minimum Tax (AMT)</td>
<td>• Potential to increase your effective marginal tax rate on long-term capital gains and qualified dividends</td>
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†Tax rates as of January 2022.
‡Includes 3.8% Medicare surtax, which applies to single filers with Modified Adjusted Gross Income (MAGI) above $200,000 and joint filers with MAGI above $250,000.

Planning for taxes can be challenging, especially considering the dynamic nature of tax rates. Future tax rates, like market performance, are difficult to predict. One way to address this uncertainty is to diversify your investment strategy, taking into consideration a range of possible future tax scenarios.

**TOP U.S. FEDERAL TAX RATES**

This chart displays the top federal marginal ordinary income tax rates and long-term capital gains tax rates, including the Medicare surcharge.

Source: IRS and Wolters Kluwer Tax & Accounting

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Q Do you know how much you pay in taxes on your investments?
Where do you think your tax rate is headed in the future?
Manage the taxes on your investments

Taxes can have a significant impact on your investment returns over the long term, yet many investors don’t think about how taxes may affect their investments until the end of the year. It’s important to remember that tax management isn’t about using one technique once a year; it’s about building a plan that uses multiple tax-smart investing techniques on a frequent, even daily, basis to help to reduce your overall tax liability.

Are you making the most of tax-smart investment management techniques?

Many investors believe they have the time and resources needed to consistently monitor a taxable portfolio for tax-savings opportunities. In reality, this is an incredibly time-consuming task and one that demands research, analysis, and attention to detail throughout the year—not just at year’s end.

If you are not managing your portfolio with taxes in mind, you may be paying more taxes than you need to. Use the chart below to help keep track of the techniques you might consider, which are designed to reduce the impact of taxes.

<table>
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<tr>
<th>TECHNIQUE</th>
<th>DESCRIPTION</th>
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| Harvest Tax Losses         | • Selling securities at a loss can help offset taxes on both gains and income, reducing their impact on returns  
  • Investment losses can offset capital gains for the tax year in which they’re realized, or be carried forward to offset capital gains in subsequent years |
| Manage Capital Gains       | • Capital gains from investments held less than a year are taxed at a higher rate  
  • Taking advantage of the differences between short- and long-term rates is a simple way to help reduce the amount of taxes owed |
| Manage Exposure to Fund Distributions | • Mutual funds distribute earnings from interest, dividends, and capital gains every year; shareholders are likely to incur a tax liability when that happens  
  • Making a charitable contribution prior to a fund’s ex-dividend date can offset some of the taxes owed |
| Municipal Bond Funds or ETFs | • Municipal bonds are generally exempt from federal taxes and, in some cases, state taxes  
  • Depending on your tax bracket, your after-tax total return may be greater if you invest in exempt securities, rather than taxable bonds |
| Tax-Smart Withdrawals      | • When withdrawing money from your account, selling certain securities may significantly impact your investments and what you pay in taxes more than others  
  • Using a variety of tax-smart investing techniques allows us to carefully determine which investments to sell to reduce the potential tax impacts of that withdrawal on your investments |
Use loss carryforward to reduce future taxes

Tax-loss harvesting may help reduce taxes while maintaining an expected level of risk. Selling investments at a loss may allow an investor to offset realized capital gains, reducing their total tax obligation. Following a year with large portfolio losses, an investor may be able to offset capital gains in subsequent years.

In this example, the investor used a $10,000 net loss in 2008 by utilizing the carryforward tax-loss strategy and avoided paying capital gains for the next four years. It wasn’t until 2012 that gains resulted in a tax liability. This is important because compounding is key to wealth generation, so it’s typically a good strategy to defer paying taxes as long as possible.

This is a hypothetical example for illustrative purposes only and is not intended to represent the performance of any investment. Tax savings will depend on an individual’s actual capital gains, loss carryforwards, and tax rate, and may be more or less than this example.

What is your approach to harvesting losses?
Defer paying taxes with tax-advantaged accounts

Among the biggest tax benefits available to most investors are the deferral benefits offered by retirement savings accounts such as 401(k)s, 403(b)s, IRAs, and tax-deferred annuities.

1. These accounts can offer a double dose of tax advantages — contributions you make may reduce your current taxable income, and any investment growth is federally tax deferred.

2. Most tax-advantaged accounts have strict annual contribution limits and required minimum distribution rules. If you are looking for additional tax-deferred savings, you may want to consider tax-deferred annuities, which have no IRS contribution limits and are not subject to required minimum distributions for nonqualified assets.

Keep in mind that withdrawals are subject to ordinary income tax and, if taken before age 59½, may be subject to a 10% IRS penalty. Use the chart below to keep track of the accounts you could use to help minimize the impact of taxes.

<table>
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<th></th>
<th>2022 ANNUAL CONTRIBUTION LIMITS</th>
<th>REQUIRED MINIMUM DISTRIBUTION RULES</th>
<th>CONTRIBUTION TREATMENT</th>
</tr>
</thead>
</table>
| Employer-Sponsored Plans [401(k)s, 403(b)s] | • $20,500 per year per employee  
• If age 50 or above, $27,000 per year | Mandatory withdrawals starting in the year you turn 72 | Pretax or After-tax |
| IRAs (Traditional and Roth) | • $6,000 per year  
• If age 50 or above, $7,000 per year | Mandatory withdrawals starting in the year you turn 72 (except for Roth) | Pretax or After-tax |
| Tax-Deferred Annuities | * No contribution limit | Not subject to required minimum distribution rules for nonqualified assets | After-tax |

1Issuing insurance companies reserve the right to limit contributions.

See page 11 for endnotes 2 and 3: 2022 Traditional and Roth IRA Contribution Income Limits.
Tax-advantaged accounts can help your money grow.

Saving in a tax-deferred account has the potential for a balance to grow faster because your savings will have an opportunity to compound by realizing earnings on earnings and can provide additional benefits compared with a taxable account, particularly when you factor in trading and rebalancing over the course of the year.

Annually, when you review the tax impact of your investments, consider locating and holding investments that generate certain types of taxable distributions within a tax-deferred account rather than a taxable account. Tax-deferred accounts can help manage the tax exposure of your portfolio.

This hypothetical example is for illustrative purposes only. It is not intended to predict or project product fees or investment results. Your rate of return may be higher or lower than that shown above. You should consider your current and anticipated investment horizon and income tax bracket when making an investment decision, as the illustration may not reflect these factors.

What type of retirement planning have you done? Have you matched your investments and your accounts effectively?
Reduce taxes now or in the future

While it may take a little planning and effort, implementing these strategies can help you reduce your taxes now or in the future.

Charitable giving

Bunch several years’ worth of charitable deductions into a single year with a donor-advised fund: Bunching is when you stack multiple years of charitable contributions into a single year, in order to itemize, while using the standard deduction in the interim years. With the reduction of many federal tax deductions, charitable giving is one of the only options available to surpass the standard deduction. This strategy, paired with a donor-advised fund, can help you gain tax efficiency and allow you to continue supporting charities of your choice with the same amount each year. (See the example below.)

Contribute appreciated stock instead of cash: By donating long-term appreciated stocks or mutual funds to a public charity, you are generally entitled to a fair market value (FMV) deduction. And whether you itemize or not, you may be able to eliminate the capital gains taxes enabling you to give up to 23.8% more.**

Contribute restricted stock or privately held business interests (e.g., C-corp and S-corp shares; LLC and LP interests): Donating a non-publicly traded asset with unrealized long-term capital gains also gives you the opportunity to qualify for an income tax charitable deduction and minimize capital gains taxes.

The example below highlights the potential tax savings from bunching three years’ worth of charitable deductions into a single year vs. making a charitable contribution each year."
Health savings accounts (HSAs)

Health savings accounts allow you to save for health expenses now and in retirement. If your employer offers an HSA-eligible health plan, you may have access to an HSA option—or if you have purchased a high-deductible health plan on your own, consider an HSA. These accounts provide a triple-tax benefit: your contributions are tax deductible so you reduce your current taxable income, your savings can grow tax deferred, and you may be able to withdraw your savings tax free, if you use the money for qualified medical expenses. And after age 65, the assets in an HSA can be used for any non-medical expenses, such as COBRA, certain Medicare premiums, and long-term-care insurance, without penalty. However, assets withdrawn for non-medical expenses will be subject to ordinary income tax.

<table>
<thead>
<tr>
<th>Health Savings Accounts</th>
<th>2022 Annual Contribution Limits</th>
<th>Required Minimum Distribution Rules</th>
<th>Contribution Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Individual Coverage: $3,650 per year</td>
<td>Not subject to required minimum distribution rules</td>
<td>Pretax or After-tax</td>
</tr>
<tr>
<td></td>
<td>Family Coverage: $7,300 per year</td>
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<tr>
<td></td>
<td>If age 55 or older, able to make annual $1,000 catch-up contributions</td>
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</table>

Roth accounts or Roth IRA conversion

Instead of deferring taxes, you may want to accelerate them by using a Roth account, if eligible. A Roth IRA contribution won’t reduce your taxable income the year you make it, but there are no taxes on your future earnings and no penalties when you take a distribution, provided you hold the account for five years and meet one of the following conditions: you are age 59½ or older, are disabled, make a qualified first-time home purchase (lifetime limit $10,000), or have died. This may make a difference if you think your tax rate will be the same or higher than your current rate when you withdraw your money. Also, be aware that while your earnings may be subject to taxes and penalties if withdrawn before those conditions are met, your contributions can be withdrawn at any time without tax or penalty.

College savings plans

The cost of higher education for a child may be one of your biggest expenses. Like retirement, there are no shortcuts when it comes to saving, but there are some options that can help your money grow tax efficiently. For instance, 529 college saving accounts and Coverdell accounts will allow you to save after-tax money, but get tax-deferred growth potential and federal income tax-free withdrawals when used for qualified expenses.

Q How are you currently giving to charities? Have you considered donating appreciated non-cash assets?

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1The information provided herein is general in nature. It is not intended, nor should it be construed, as legal or tax advice. Because the administration of an HSA is a taxpayer responsibility, you are strongly encouraged to consult your tax advisor before opening an HSA. You are also encouraged to review information available from the Internal Revenue Service (IRS) for taxpayers, which can be found on the IRS website at IRS.gov. You can find IRS Publication 969, Health Savings Accounts and Other Tax-Favored Health Plans, and IRS Publication 502, Medical and Dental Expenses, online, or you can call the IRS to request a copy of each at 800.829.3676. With respect to federal taxation only. Contributions, investment earnings, and distributions may or may not be subject to state taxation.
Create your plan—your next steps

There are many ways to make your investments more tax efficient. You can get started by understanding the tax treatment of certain accounts and identifying how you may or may not be utilizing them. Then consider what combination of strategies makes sense for your situation.

A Fidelity investment professional can help you build your plan.
Here are the steps we can take together:

1. Research how taxes impact your investments. ................................................. Completed □

2. Create a plan that incorporates the appropriate strategies for your situation. .......................................................... Completed □

3. Choose the appropriate combination of investment accounts and strategies to help meet your goals. ................................................. Completed □

MANAGE TAXES:
☐ Tax-loss harvesting and loss carryforward
☐ Capital gains management
☐ Managing mutual fund distributions
☐ Municipal bond funds and ETFs
☐ Tax-smart withdrawals

DEFER TAXES:
☐ Workplace plans
☐ Traditional IRAs
☐ Tax-deferred annuities
☐ Asset location

REDUCE TAXES:
☐ Charitable giving
☐ Health savings accounts
☐ Roth IRAs and Roth workplace plans
☐ 529 college savings accounts

4. Set up regular check-ins with your tax advisor and Fidelity investment professional to review your investment portfolio. .......... Completed □
Additional Information from page 2: Impact of Taxes on Investment Returns — 1926–2020

1Taxes Can Significantly Reduce Returns data, Morningstar, Inc., 2021. This example reflects a 95-year period from 1926 to 2020 and is based on the following data: stocks at 10.3%, stocks after taxes at 8.3%; bonds at 5.7%, and bonds after taxes at 3.6%. Federal income tax is calculated using the historical marginal and capital gains tax rates for a single taxpayer earning $120,000 in 2015 dollars every year. This annual income is adjusted using the Consumer Price Index in order to obtain the corresponding income level for each year. Income is taxed at the appropriate federal income tax rate as it occurs. When realized, capital gains are calculated assuming the appropriate capital gains rates. The holding period for capital gains tax calculation is assumed to be five years for stocks, while government bonds are held until replaced in the index. No state income taxes are included. Stock values fluctuate in response to the activities of individual companies and general market and economic conditions. Generally, among asset classes, stocks are more volatile than bonds or short-term instruments. Government bonds and corporate bonds have more moderate short-term price fluctuations than stocks, but provide lower potential long-term returns. U.S. Treasury bills maintain a stable value if held to maturity, but returns are generally only slightly above the inflation rate. Although bonds generally present less short-term risk and volatility than stocks, bonds do entail interest rate risk (as interest rates rise, bond prices usually fall, and vice versa), issuer credit risk, and the risk of default, or the risk that an issuer will be unable to make income or principal payments. The effect of interest rate changes is usually more pronounced for longer-term securities. Additionally, bonds and short-term investments entail greater inflation risk, or the risk that the return of an investment will not keep up with increases in the prices of goods and services, than stocks.

Additional Information from page 6: 2022 Traditional and Roth IRA Contribution Income Limits

2For a Traditional IRA, full deductibility of a contribution is available to active participants whose 2022 Modified Adjusted Gross Income (MAGI) is $109,000 or less (joint) and $68,000 or less (single); partial deductibility for MAGI up to $129,000 (joint) and $78,000 (single). In addition, full deductibility of a contribution is available for working or nonworking spouses who are not covered by an employer-sponsored plan and whose spouse is covered by an employer-sponsored plan and whose MAGI is less than $204,000 for 2022; partial deductibility for MAGI up to $214,000.

3Roth IRA income requirements: For single filers: For 2022, single filers with Modified Adjusted Gross Income (MAGI) up to $129,000 are eligible to make a full contribution; a partial contribution can be made for MAGI of $129,000–$144,000. For 2022, married filing jointly with MAGI up to $204,000 for a full contribution; partial contribution for MAGI of $204,000–$214,000.
Before investing, consider the investment objectives, risks, charges, and expenses of the fund or annuity and its investment options. Contact Fidelity for a prospectus or, if available, a summary prospectus containing this information. Read it carefully.

This information is intended to be educational and is not tailored to the investment needs of any specific investor.

Keep in mind that investing, including variable annuities, involves risk. The value of your investment will fluctuate over time, and you may gain or lose money.

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