

Exchanges – Annuities

Use this form to make a one-time exchange between funds/investments in your Fidelity variable income or deferred variable annuity contract. Type on screen or fill in using CAPITAL letters and black ink. Need more room for information or signatures? Use a copy of the relevant page.

Helpful to Know

- To make exchanges in more than one annuity, use a separate form for each contract.
- Fidelity annuity contracts allow a number of phone or online exchanges each calendar year (refer to the annuity prospectus to see how many are allowed.) You can make additional exchanges, but you must use this form.
- Your exchange will be processed using the unit values that are calculated as of the close of financial markets on the day we receive your request.
- Limitations apply to exchanges to and from the Guaranteed Account. Refer to the annuity prospectus for more information.

1. Contract Owner(s)

Phone numbers will be used if we have questions but will not be used to update your account information.

Contract Owner Name		Fidelity Annuity Contract Number	
Joint Contract Owner Name <i>if applicable</i>			
Evening Phone	Daytime Phone	Extension	

2. Exchange From

In requesting an exchange from a given fund, you may indicate either a percentage OR a dollar amount. However, we recommend using a percentage, to avoid having an exchange rejected should the dollar amount you request not be available at the time your exchange is processed.

Check **ONLY** one. ALL funds (100%) in the current annuity allocation **▶ Skip to Section 3.**

Percentages **MUST** be whole numbers. **ONLY THESE** funds in the current annuity allocation:

Dollar amounts **MUST** be at least \$250.

Exchanges of funds held less than 30 days may violate frequent trading policies.

Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%

Total, if dollar amount \$

Form continues on next page. **▶▶**

3. Exchange To

Indicate which funds you would like your exchange to be invested in. If you checked "ALL funds" or used percentages in Section 2, you must only use percentages below.

Percentages **MUST** be whole numbers.
Dollar amounts **MUST** be at least \$250.

Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Annuity Fund Name or Symbol	Dollar Amount	Percentage
	\$.0%
		or
Total	\$.0%
		or
Must match total in Section 2.		Must add up to 100%.

4. Signature and Date

Contract owner must sign and date — for Fidelity Retirement Reserve contracts, the joint owner must ALSO sign and date.

By signing below, you:

- Authorize Fidelity to act on all instructions given on this form.
- Understand that frequent trading policies apply to all exchanges.

Print Owner Name	
Owner Signature	Date MM DD YYYY
SIGN ▶	▶
Print Joint Owner Name	
Joint Owner Signature	Date MM DD YYYY
SIGN ▶	▶

Did you sign the form? Send the ENTIRE form to Fidelity Investments. You will receive an "Annuity Transaction Confirmation."
Questions? Call 1-800-634-9361.

Regular Mail Except NY

Annuity Service Center
PO Box 770001
Cincinnati, OH 45277-0050

Regular Mail NY only

Annuity Service Center
PO Box 770001
Cincinnati, OH 45277-0051

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