



Celebrate

# #NursesWeek

By Investing in Yourself and Your Financial Future

Nurses are strong savers, but some express a lack of confidence when it comes to managing their money.

53%



It's no surprise that the majority of nurses (91%) feel confident discussing their own medical issues with a doctor, but the same is not true when talking to a financial professional (53%).\*

44%



With busy shifts at work and responsibilities at home, 44% of nurses haven't sought help from their financial services firm because they haven't made the time for it.\*

This **#NursesWeek**, take a little time for a financial checkup!

Here Are **3 Ways** to Get Started with a Financial Checkup

1

## WRITE DOWN YOUR GOALS.

Identify a timeline to reach each goal

### Things to consider:

Do you need to review your spending habits? Do you have a "rainy day fund" in case of an emergency? Could you use a little extra money to put toward a savings goal, such as retirement?

Whether reassessing your daily spending or planning for the long-term, do a quick **budget checkup** to map out your expenses and identify areas where you can cut back and apply those savings to one of your financial goals.



2

## CHECK-IN ON YOUR RETIREMENT READINESS.

### Think about your "Someday"

When you think about your future, do you think about what you might want to do "someday"?

Whether your goal is to travel, spend time with family, or pursue special hobbies, every "someday" needs a plan.

Check your **retirement score** to see how you are tracking toward your savings goal. After answering a few quick questions, find out if you're in the green, yellow or red "zones" and learn how small adjustments may help bolster your readiness.



3

## GET FREE FINANCIAL GUIDANCE AT WORK.

Look to your employer for help

Most employers offer financial guidance as a free employee benefit. Find out what your employer offers, such as ability to speak with a retirement planning professional, educational seminars and webinars or online tools and articles.

Now that you've established your financial goals and know your retirement score, consider getting more guidance by chatting with a Fidelity professional. It's free!

866-715-6111



Share how you'll spend time investing in yourself this **#NursesWeek**

\* Source: Fidelity Investments Money FIT Nurses Study

The Fidelity Investments Money FIT Nurses Study was an online survey conducted by Kelton between October 6th and October 30th, 2014 among 356 nurses (Registered Nurse, Advanced Registered Nurse, Licensed Practical Nurse, Nursing Management, Certified Registered Nurse, Certified Nurse Anesthetist) ages 18+ who are employed or retired and have a qualifying retirement plan (401(k), 401(a), 403(b), 457, 457 (b), or 457(f)). Fidelity and Kelton are not affiliated.

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Fidelity Brokerage Services LLC, Member NYSE, SIPC, 900 Salem Street, Smithfield, RI 02917

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