

Webinar Presentation: Quarterly Education Day

# 7 Options Trading Mistakes to Avoid



*Presented by*  
**Trading Strategy Desk**

# Disclosures

- Options' trading entails significant risk and is not appropriate for all investors. Certain complex options strategies carry additional risk. Before trading options, please read [Characteristics and Risks of Standardized Options](#), and call 800-544-5115 to be approved for options trading. Supporting documentation for any claims, if applicable, will be furnished upon request.
- Examples in this presentation do not include transaction costs (commissions, margin interest, fees) or tax implications, but they should be considered prior to entering into any transactions.
- The information in this presentation, including examples using actual securities and price data, is strictly for illustrative and educational purposes only and is not to be construed as an endorsement, recommendation.
- Active Trader Pro Platforms<sup>SM</sup> is available to customers trading 36 times or more in a rolling 12-month period; customers who trade 120 times or more have access to Recognia anticipated events and Elliott Wave analysis.



# Goals of this webinar

Educate traders on 7 of the more common options trading mistakes and ways to overcome these pitfalls

- **Strategy doesn't match your Outlook**
- **Choosing the wrong Expiration**
- **Choosing the wrong Position Size**
- **Ignoring Volatility**
- **Not using Probability**
- **Focusing on the Expiration Graph**
- **Not having a Trading Plan**



# Mistake #1: Strategy Doesn't Match Your Outlook

- **Importance of choosing the right strategy**
  - Profit maximization
  - Appropriate amount of risk
  - Improve probability of success
- **Steps for choosing the appropriate strategy**
  - Develop an outlook first
  - Decide how much risk is appropriate for your account
  - Analyze multiple strategies



# Common Starting Points to Develop an Outlook

- **Technical Analysis**

- Identifying Support and Resistance
- Trends
- Indicators

- **Fundamentals**

- Analyzing a company's key ratios
- Current business trends

- **Using a combination**

- Using both Technical and Fundamental analysis to formulate an opinion

\*Technical analysis focuses on market action — specifically, volume and price. Technical analysis is only one approach to analyzing stocks. When considering which stocks to buy or sell, you should use the approach that you're most comfortable with. As with all your investments, you must make your own determination as to whether an investment in any particular security or securities is right for you based on your investment objectives, risk tolerance, and financial situation. Past performance is no guarantee of future results.



# When trading options we **can not focus on price alone** as there are other components that affect the options price:

## – **Direction**

- Determine whether you are bullish, bearish, or neutral on the underlying stock through your analysis. The Greek **Delta** implies us how much an option price is likely to change given a \$1 change in the underlying price

## – **Time**

- Unlike owning stock, each option contract has a finite lifetime. So for each day that goes by the option price loses a portion of it's time value, all else being equal. This a benefit for options sellers and a drawback for the options buyers. This can be measured using the Greek **Theta**

## – **Volatility**

- Implied volatility is an important component in determining whether an option is considered cheap or expensive. Increasing volatility increases options premium, all else being equal, which is a benefit to options buyers and a negative for options sellers. This is measured using the Greek **Vega**

\*Greeks are mathematical calculations used to determine the effect of various factors on options.

# Mistake #2: Choosing the Wrong Expiration

Why is selecting the proper expiration important?

- **Expiration sets a timeframe for your trade!**
  - When you buy a **stock** the ownership generally doesn't expire until you sell it.
  - When you buy or sell an **option** contract you must agree to an expiration date, as part of that contract
- **Use expirations to fit your trading style.**
  - Day Trader
  - Premium Seller
  - Technical Trader
  - Earnings Trader



## ➤ Considerations when choosing an expiration:

- Liquidity
  - Forecasting the Length of the Trade
  - Expiration Cycles
    - Leaps > Quarterly > Monthly > Weekly
  - Time decay
  - Volatility
  - Binary events
- 
- **Reasons you may be choosing the wrong expiration**
    - No outlook has been determined
    - Loss aversion



# How can Liquidity affect Options Pricing?

	Bid	Ask	Volume	Open Int	Delta	Chg	Theta	IV Mid	Strike	
<b>CALLS Jun 10 (32 days)</b>										
	3.90	4.35	0	7	0.5879	0.00	-0.0502	18.84 %	146	
	3.35	3.75	0	126	0.5403	0.00	-0.0507	18.64 %	147	
	2.81	3.10	0	5	0.4907	0.00	-0.0494	18.06 %	148	
	2.34	2.58	0	1	0.4397	0.00	-0.048	17.76 %	149	
	1.92	2.07	3	30	0.3874	0.10	-0.0455	17.33 %	150	
<b>CALLS Jun 17 (39 days)</b>										
	8.60	8.85	40	274	0.7886	0.25	-0.0367	20.66 %	140	
	4.95	5.05	317	1,190	0.6203	-0.03	-0.0446	18.92 %	145	
	2.30	2.34	332	2,835	0.3982	-0.06	-0.0422	17.64 %	150	
	0.82	0.85	106	3,969	0.1931	-0.06	-0.0284	16.84 %	155	
	0.24	0.26	14	1,232	0.0731	-0.06	-0.014	16.64 %	160	

*\*Active Trader Pro – For Illustrative Purposes Only*

Although both expirations are only 7 days apart they are drastically different in terms of liquidity. Trading less liquid options may impact the premium both when getting in and out! Pay attention to the bid/ask spreads, volume, and open interest.



# Mistake #3: Choosing the Wrong Position Size

- **Common position sizing mistakes**
  - Trading too large, or small of a position
  - Inconsistent with position sizes
  - Concentration
- **Thoughts on better position sizing**
  - Risk a fraction of your account on each trade
    - Don't put all your eggs in 1 basket
  - Use an consistent dollar value on each trade
    - Reduces emotional impact on decision

# Risk Considerations:

- **Risk Management**

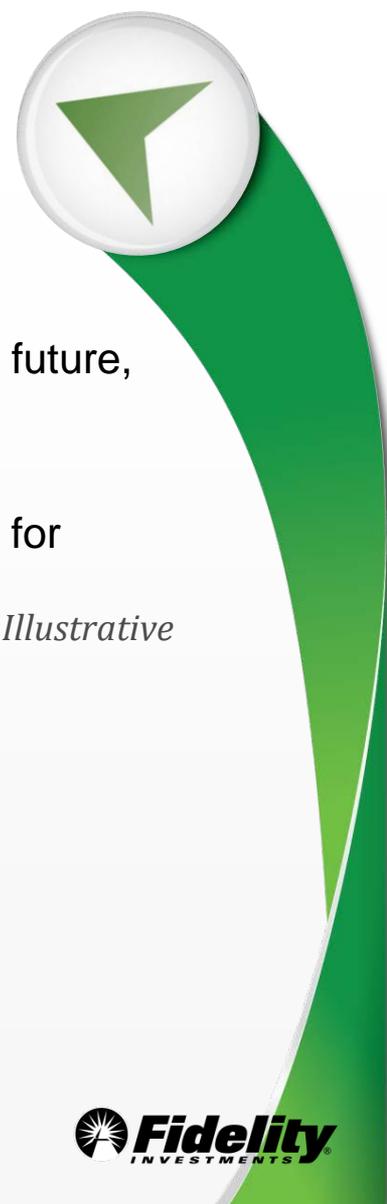
- While considering a trade, focus on the **overall risk 1<sup>st</sup>** and profit potential 2<sup>nd</sup>
- When a trade goes against you, the focus should shift to managing the trade **under the current conditions** rather than the initial prediction

- **Benefits of trading an appropriate position size**

- Reduces emotional attachment
- Reduces volatility in portfolio (Equity Curve)



# Mistake #4: Ignoring Volatility



- **Implied Volatility**

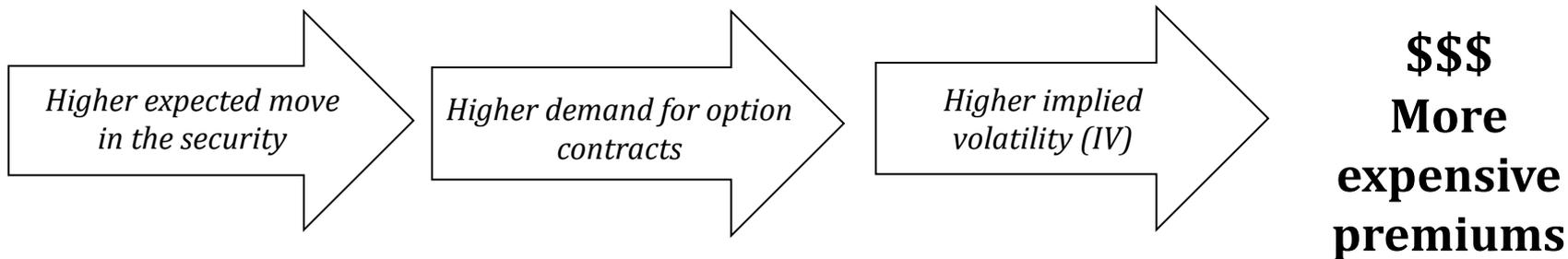
- Measures what the market expects volatility of the security to be in the future, based on premiums on option contracts for that security
- Annualized percentage for future expected move
- Dynamic - will change with option prices based on supply and demand for

VOLATILITY				
IV30 62.35	IV60 65.63	IV90 65.48		
HV10 28.05	HV20 30.24	HV30 45.02	HV60 47.97	

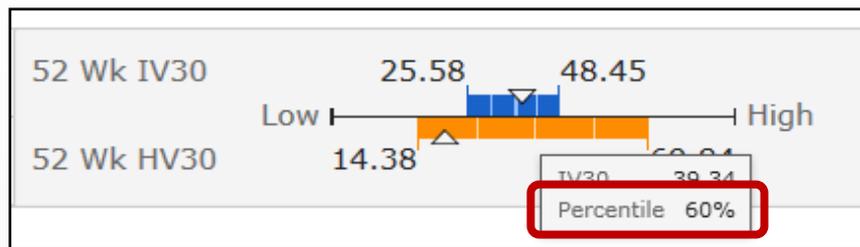
*\*Active Trader Pro – For Illustrative Purposes Only*

62.35% annualized expected move based on hypothetical 30 day option contracts

**Implied Volatility is a product of supply & demand for option contracts, and therefore has an affect on option prices. It can be a measure of expensiveness.**



How can you determine whether a specific stock's IV is relatively expensive (or inexpensive?)



**IV percentile** shows where a specific stock's IV is compared to where its been within the last 52 weeks.

*\*Active Trader Pro - For Illustrative Purposes Only.*

# How can you determine whether a specific stock's IV is relatively expensive (or inexpensive?) continued...



**IV index chart** compares historical volatility (HV) with implied volatility (IV) over the last year (provided by IVolatility.com)

*\*Fidelity.com IV Index– For Illustrative Purposes Only*

- Helps to compare current volatility data with historical data to identify potentially high or low levels
- Allows traders to identify divergence and convergence between HV and IV
- Quick way to find when volatility measures are at extremes and may revert to their mean values

# Effects of Implied Volatility

CMI										
116.53		0.00 (0.00%)		V		HV30 21.46		IV30 35.02		C/P Ratio:
E May 06 (W)		May 13 (W)		May 20		May 27 (W)		Jun 03 (W)		Jun 10
Strike	Last	Bid	Ask	Volume	Open Int	Delta	IV Mid	Vega	Theta	
<b>CALLS May 06 (3 days)</b>										
116	3.63	3.60	3.70	0	287	0.5375	68.85 %	0.0485	-0.4461	
117	3.09	3.00	3.20	0	412	0.491	68.39 %	0.0488	-0.445	
118	2.63	2.70	2.80	0	791	0.4462	70.27 %	0.0485	-0.4521	
119	2.26	2.15	2.35	0	185	0.3977	67.99 %	0.0472	-0.4248	
120	1.95	1.80	1.95	0	658	0.3515	67.59 %	0.0454	-0.403	
121	1.50	1.45	1.65	0	11,394	0.3084	66.92 %	0.0431	-0.3751	

**Example:** Client is expecting a \$1.50 move upward

Buys 1 117 strike call at \$3.20

*\*Active Trader Pro – For Illustrative Purposes Only*

Exact expected move occurs.

Client can now close call for \$1.85. What happened?

CMI										
118.00		1.47 (1.26%)		V 207,012		HV30 21.46		IV30 25.69		C/P Ratio: B
E May 06 (W)		May 13 (W)		May 20		May 27 (W)		Jun 03 (W)		Jun 10
Strike	Last	Bid	Ask	Volume	Open Int	Delta	IV Mid	Vega	Theta	
<b>CALLS May 06 (3 days)</b>										
116	3.63	1.60	3.20	0	287	0.6819	30.98 %	0.04	-0.201	
117	1.63	1.85	2.40	128	412	0.5817	38.13 %	0.0435	-0.2756	
118	1.18	1.15	1.80	22	791	0.4879	34.52 %	0.0447	-0.2554	
119	1.25	0.80	1.30	32	185	0.3881	34.35 %	0.0428	-0.2419	
120	0.63	0.40	1.10	3	658	0.3016	35.84 %	0.039	-0.2248	
121	0.60	0.35	0.70	5	11,394	0.2281	36.46 %	0.0339	-0.1924	

# Mistake #5: Not using Probability

- **Low Probability Strategies**
  - Generally have large or unlimited profit potential
  - Typically debit trades
  - Can require better timing on the trade
- **High Probability Strategies**
  - Usually have a smaller and limited profit potential
  - Allow you to be less “right”
  - Typically credit trades



# Using the Probability Calculator (provided by Convergenx)

- Helps us identify the odds of our trade being profitable
- Can be used to help with proper strike selection
- Non-directional bias



*\*Active Trader Pro – For Illustrative Purposes Only*

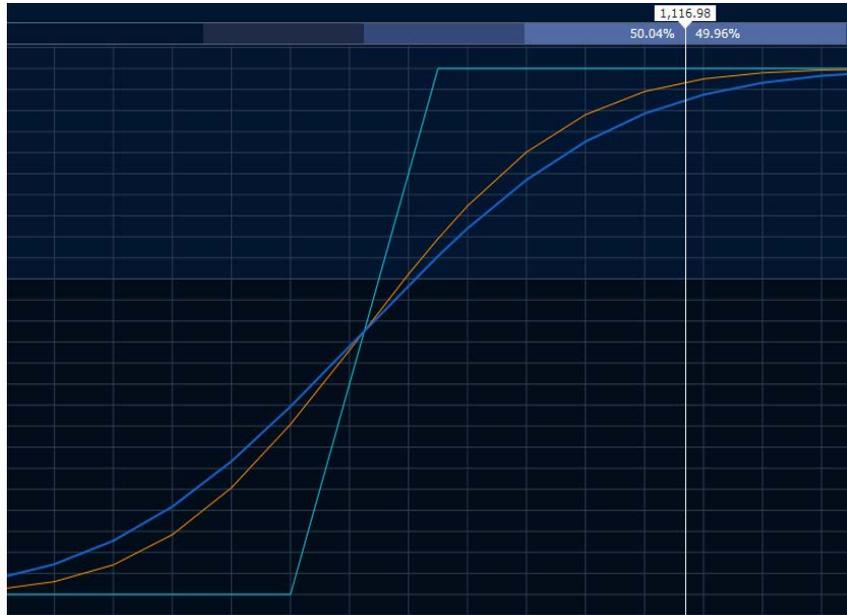
\*Profit probability shows how likely a particular option trade (or combination of trades) will be profitable, based on a calculation that takes into account the price of the trade and the expected distribution of stock prices based on the 90-day historical volatility.

# Mistake #6: Focusing on the Expiration Graph



- **Why this can be Detrimental:**
  - It doesn't inform us of how our position stands today
  - It can blind you to what your position will look like tomorrow
  - Many traders do not hold the position all the way to expiration
- **Analyzing our T+0 line can help us:**
  - See if our position needs to be adjusted
  - Visually shows us our risk reward
  - Gives you future expectations of what your gain or loss will be at various price levels

# Leveraging the Profit & Loss Calculator (provided by Ivolatility.com)



*\*Active Trader Pro – For Illustrative Purposes Only*

**Profit & Loss Calculator helps us see, visually, how our position looks today vs. expiration**

- Lines:
  - **Light Blue**- Profit and loss at expiration
  - **Blue**- what we look like today
  - **Orange**- how we look at a date in the future

\*Profit probability shows how likely a particular option trade (or combination of trades) will be profitable, based on a calculation that takes into account the price of the trade and the expected distribution of stock prices based on the 90-day historical volatility.

# Mistake #7: Not having a Trading Plan

- **How trading plans can be beneficial:**
  - It helps take the emotional toll out of trading
  - It helps you consistently construct trades that meet your needs
  - It helps you improve as a trader/investor
- **What should be included in a plan?**
  - What will make you open a trade
  - What will make you close a trade
  - How much you are willing to risk
  - How you will find opportunities
    - Some examples:
      - Market Scanner (provided by Livevol, Inc.)
      - Strategy Evaluator (provided by Convergex)
      - S&P Best 10 (provided by S&P Capital IQ)
      - ATP Filters



# Considerations for developing a Trading Plan:

- Before placing a trade you should be able to answer:
  - Why are you entering this position?
  - How much capital are you willing to allocate to the idea?
  - What is the criteria for entry (at what price)?
  - What is the criteria for exiting (for both the upside and downside)?
- **If you are unable to answer these questions, *you are not ready to place your trade!***



# Key Takeaways

- **Have an outlook before thinking about the right strategy**
- **Trade the expiration that makes the most sense of your outlook**
- **Make sure your strategy matches your risk tolerance**
- **Be aware of Implied Volatility and what it means for your trade**
- **Have a game plan, and stick to it!**



# 7 Common Option Trading Mistakes

This concludes today's Presentation

**Thank you for attending.**

Please join the Trading Strategy Desk for our upcoming webinars:

- **Intro to Active Trader Pro – June 9<sup>th</sup>**
- **It's All Greek to Me! – June 14<sup>th</sup>**
- **I Placed My Options Trade! Now What? – June 16<sup>th</sup>**

To Register, please visit the Fidelity.com Learning Center  
[www.fidelity.com/webinars](http://www.fidelity.com/webinars)

For additional support, please contact a Fidelity representative at (877) 907-4429.

